

**Social Story for my trip to the**

**NATIONAL  
FESTIVAL  
OF YOUTH  
THEATRE**



**Eden  
Court**  
HIGHLANDS



**I'm going to the National Festival of Youth Theatre 2026.  
This story will help me understand what will happen when I get there.**

1. The National Festival of Youth Theatre is in **Inverness**. It is a **camping** festival.  
When I arrive, I will **set up my tent** at the campsite in **Northern Meeting Park**.

This is what Northern Meeting Park looks like...



2. The campsite will have **lots of other young people camping** who have travelled from around Scotland to go to the festival.

I will sleep in my tent at the campsite with my youth theatre group and leaders nearby. I will be able to shower at the campsite.

This is what the campsite looked like a few years ago when NFYT was in Ayr...



3. I will be given a **festival t-shirt** and **wristband** to wear for the weekend.

Here's what they looked like two years ago. We'll have darker green t-shirts and different coloured wristbands this year.



4. Once we have set up our tents, we will **walk to the theatre**, which is called **Eden Court**.

Eden Court is a large building with lots of windows along the front, a large open lobby, and many different studios and performance spaces inside.



5. The festival will start with a welcome speech in the **One Touch Theatre** inside Eden Court. The Youth Theatre Arts Scotland staff and the NFYT Young Leaders will tell us about the weekend and we'll play some games. The YTAS staff will be wearing **red**, the Young Leaders will be wearing **blue**, and my Group Leader will be wearing **yellow**. They'll all be able to help me this weekend if I need them.



6. On Friday, I will take part in a **Scavenger Hunt** around Eden Court and Inverness with my youth theatre.

We can follow three different routes around Eden Court, local attractions, and the wider city. During the Scavenger Hunt we'll visit different places where I will take part in challenges and collect clues to take back to the Young Leaders at the Under Canvas tent outside Eden Court.



7. I will **eat at Eden Court** with my youth theatre.

I will have breakfast, lunch and dinner at Eden Court for the next two days.



8. Over the weekend, I will see **eight shows in the One Touch Theatre** performed by other young people. I will have the chance to ask questions after the shows in post-show discussions hosted by Young Leaders. Here's what some of the shows and post-show discussions looked like last time...



9. On Friday night, I can watch or perform in a **Talent Show in the One Touch Theatre** with the rest of the festival.

If I want to hang out with friends instead or chill on my own, I can spend time in the Wellbeing space outside the theatre in Under Canvas.



10. On Saturday and Sunday morning, I will **do warm-ups in the studios** led by Young Leaders.

The studios are big open spaces with wooden floors, large windows, and curtains.

In the warm-ups we will play games, warm up our bodies with moving exercises, and warm up our voices.



11. I will go to **workshops on Saturday and Sunday** with young people my age from other youth theatres. I will try out new skills and make new performances with my peers. I will meet new artists and Young Facilitators. If I need to take a break or need some quiet time, I can go to the Wellbeing Space or Quiet Spaces in the theatre.



12. I will have **free time** to see the city with my friends a few times over the weekend if I want to.

Here are some of the NFYT 2024 groups enjoying the area around the festival...



13. On Saturday night, I will take part in a **Murder Mystery night** with my youth theatre.  
We will work together in groups to solve the mystery and find clues all around Eden Court.



14. On Sunday afternoon, I will watch the **NFYT Scratch** short film in the cinema.  
I will hear from the festival participants who made this film and get to ask questions.



15. On Sunday night, I can go to the **NFYT Disco Wrap Party**. I will be able to dance with my new friends and listen to music.



16. On Monday morning, I will wake up in the campsite and **pack up my tent**. After breakfast I will **travel back home**.